

PARISH MAGAZINE



*All Saints with St Cedd
Shrub End, Colchester*

January 2022

Price 35p or £3.50 per annum

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Vacant

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PCC members:- Brenda Pettit, Brian Waller, Sandra Archer, Nigel Pettit, Terry Poulter, Frances Poulter.

Baptisms, Weddings and Funerals. Please contact the Rev Canon Paul Norrington, telephone 01206 563478, email paul.nozzer@btinternet.com. When making enquiries please state for All Saints, Shrub End.

We continue to pray for those who have asked to be remembered on our Prayerslips :-

Rev'd Tony Rose, Angela Marsh, Gillian, Aidan Cooke, Angela, Dawn and her family, John Barker, Christopher Browne, Ron Harden, Margaret, Chris Parkes and his family, Amy, Louise, Rachel and Shareen Bouvray, John Swinburne, Tabitha, Geoffrey Webb, Edward Wiles, Emma, Shirley Hall, John Hall, Gary Gibson, Rosemary Wilbey

The Departed:- Mary Rodd, Andrew Low and Pat Rickard

CHURCH WEBSITE

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Our churches are currently now open for a Sunday morning service at 10am each week, but if you cannot make that, may I draw attention to the fact that although we cannot provide an online service, we are including a service on our church website each week. If you are able to get onto the internet there is the “www” link showing above to the All Saints’ with St Cedd’s website and under the heading “Home Worship” there is a weekly service listed, which is kindly provided for us by Rev’d Ray Sams. Also, there is a weekly “Prayerslip” which has details of the people who we remember in our prayers. If you have time to spare, we have numerous back copies of our church magazines or under the heading of “Churches – Visited and Revisited”, you can download numerous booklets that I have compiled of churches seen and visited since I retired from work in December 2016. To date I have covered over 600 in my travels, but not too many new ones seen since March 2020.

Brian Waller

The following letter, containing some very welcome news, was read in church on 21st November but was too late to be included in the December edition of the magazine.

FROM BISHOP ROGER AND ARCHDEACON RUTH

We are pleased to be able to formally announce the good news that the Revd Chris Smith has been appointed as Assistant Curate in the Parish of All Saints with St Cedd, Shrub End.

Chris is currently Assistant Curate at St Luke’s Colchester. During his time there he has worked with colleagues at St Luke’s to plant a new congregation within the parish, called St Mark’s.

Bishop Roger will license Chris to his additional responsibilities in February.

Chris says:

I am really pleased to be able to come alongside you in Shrub End; helping you to reach out to your community with God’s incredible love. I share your hope that both churches will be filled with the young and old, and so my prayer is that working together with the Holy Spirit we will see them become vibrant places of faith in the community.

I have loved serving my curacy in Highwoods and I will continue to live and minister in Highwoods. In February, I will be licensed to your parish alongside my license in Highwoods, and over the next 18 months my time working in Highwoods will reduce and I will be spending increasing time in Shrub End.

We are so pleased that Chris will be joining you at All Saints with St Cedd’s at this time, following a long period of vacancy in your parish. We ask for your prayers for Chris and his family as he takes on additional responsibilities.

We also pray for all at St Luke's and St Mark's as Chris gradually decreases his involvement there and for you as his time at All Saints and St Cedd's increases. Chris' appointment to Shrub End is "time-limited" and will be until late Summer/early Autumn 2023.

Sunday Readings for January

Revised Common Lectionary:- Year C

The following readings for 'Principal Services' from the Common Worship Lectionary are given as a guide, although these could be subject to change depending on the nature of the service held and at the discretion of the minister who will be conducting that service.

2nd January EPIPHANY

Isaiah 60 : 1 - 6
Psalm 72 (1 - 9) 10 - 15
Ephesians 3 : 1 12
Matthew 2 : 1 - 12

9th January 1st SUNDAY OF EPIPHANY, BAPTISM OF CHRIST

Isaiah 43 : 1 - 7
Psalm 29
Act 8 : 14 - 17
Luke 3 : 15 - 17 & 21 & 22

16th January 2nd SUNDAY OF EPIPHANY

Isaiah 62 : 1 - 5
Psalm 36 : 5 - 10
1 Corinthians 12 : 1 - 11
John 2 : 1 - 11

23rd January 3rd SUNDAY OF EPIPHANY

Nehemiah 8 : 1 - 3, 5 - 6 & 8 - 10
Psalm 19 : 1 - 6
1 Corinthians 12 : 12 - 31a
Luke 4 : 14 - 21

30th January CANDLEMAS, PRESENTATION OF CHRIST IN THE TEMPLE

Malachi 3 : 1 - 5
Psalm 24 : 1 - 6, 7 - end
Hebrews 2 : 14 - end
Luke 2 : 22 - 40

From the Church Warden

Well it's January 2022! What changed in 2021? In some cases not much as we are still battling covid-19 and its latest mutation. As of writing this we have no new guidance from The Church of England, Diocese or Deanery other than it's strongly recommended that we still wear face coverings, keep buildings well ventilated and, if possible, do a lateral flow test before coming to church. We still need to keep others and ourselves safe even if we have all received our booster jabs.

On a very positive note concerning our recent announcement about the appointment of an Assistant Curate, (see Bishop's letter on page 3), Revd Chris Smith will be licensed in February 2022. We look forward to working with Revd Chris Smith and getting to know him and his family during his tenure of his ministry with us in the Parish of All Saints w St Cedd's, Shrub End.

We have now run three Community coffee shops at St Cedd's and these have been extremely well received by people who have attended. We have the encouragement of Borough Councillors. We plan to continue these into 2022 meeting fortnightly recommencing after the New Year Break on Monday 10th January 2022 then every other Monday .Please come and join us for a chat, cuppa, cake and bacon rolls.

Other changes are in the process of ordering wi-fi for both churches and an emergency phone line at St Cedd's .Wi-fi will enable users of the buildings to facilitate the use of modern technology to put Shrub End on the map .We are looking to have defibrillators installed at both sites subject to planning and any DAC requests.

I personally feel that 2022 will be a better year for all of us and we look forward to celebrating the Christian festivals which were restricted or not permitted last year. We also look forward to celebrating Her Majesty's Platinum Jubilee. It will be a life event for all of us . Let's make the New Year of 2022 a new beginning to re-establish the Parish of All Saints with St Cedd's as the heart of the local community once again.

Wishing you all a Happy and prosperous New Year.

Nigel

DATES FOR YOUR DIARY - JANUARY

Sunday 2nd	Epiphany, Public Worship 10.00 am St Cedd's
Sunday 9th	Public Worship 10.00 am at All Saints'
Monday 10th	Community Café at St Cedd's 9.30 - 11.30 am
Sunday 16th	Public Worship 10.00 am at All Saints'
Sunday 23rd	Public Worship 10.00 am at All Saints'
Monday 24th	Community Café at St Cedd's 9.30 - 11.30 am
Sunday 30th	Candlemas, Public Worship 10.00 am at All Saints'

The latest Church of England guidance on how to comply with the government Covid laws and regulations (*current at the time of printing, which is a little later than the date of Nigel's letter*), state that masks *must* be worn in places of worship, except by those with exemptions. Social distancing in places of worship is still a matter of personal choice, but we would ask that, where possible, you respect the spacing wishes of others attending as well as your own so everyone's needs may be accommodated.

The use of shared communal objects is a matter of personal choice. If you have any symptoms which could be Covid related, please do not attend but self isolate and arrange a PCR test.

You are always very welcome to join our services, however, during these winter months as Covid is still with us and we need to keep our buildings well ventilated before, during and after services and events,, please wrap up warmly (or bring blankets with you) when attending.

* * * * *

A surgeon once had an argument with his gardener about religion. 'I've cut into hundreds of bodies,' said the doctor, 'and I've never seen a human soul.'

'Well,' said the gardener, 'if you had cut into a tulip bulb, you wouldn't have seen a flower.'

* * * * *

What do we know about Christmas?

I have just read "The Atheist's Guide to Christmas". It is quite jolly, full of recollections from childhood, and advice about how to have a good time. Occasionally, a little atheism breaks out, which is only fair, I suppose. But I was a bit taken aback by this comment: "I am an atheist because I reject all stories that are not rooted in, and supported by, empirical data".

The Oxford English Dictionary says "empirical" means "based on, concerned with, or verifiable by observation or experience". Much of what we "know" depends other people's observations. We accept the "truth" of, for example, the assassination of Julius Caesar, or the Gunpowder Plot, because we believe what other people say about them. Most of the time we can safely take someone else's word for things if we don't think they have no reason to lie to us. But honest witnesses can give different evidence. Sometimes judges and juries must decide as best they can how to balance conflicting accounts. We have to do the same with the Christmas stories.

Only the Gospels of Matthew and Luke describe the Nativity, and there are significant differences between the two. John's Gospel gives a theological explanation of who Jesus was, and is, without mentioning his birth at all. Mark and the other 24 New Testament books say nothing at all about the Nativity, apart from one comment in Galatians that Jesus was "born of a woman". Does this prove the nativity stories are false? No. The central claim of Christmas is in the opening of John's Gospel: at a point in human history, God became human so that human beings could choose to become children of God. Matthew and Luke, relying on different witnesses and writing decades after the event, explained how they understood this message.

Most stories are not historically "true", but still tell important truths. Shakespeare's "Merchant of Venice" teaches us about discrimination, and Dickens' "Oliver Twist" about poverty. As it happens, I love the nativity stories, and the differences don't bother me at all. So, my advice is: don't worry if you find it hard to accept that the Christmas stories are "true". Ask yourself instead what truths the stories tell: about God, and about who we are, and whose we are, and what we are for.

Ray Sams
December 2021

PARISH FINANCE

Many thanks to all those who have given donations to the Treasurer, by whatever method, for their collections, their magazine subscriptions or for church flowers, etc. These contributions are very much appreciated as there are still bills to be paid during these challenging times.

If you are away from church at this time you may wish to either send your giving to the treasurer, Brian Waller at 16 Devon Road, Colchester, CO2 9BB (cheques made payable to All Saints PCC), or transfer the money into the church bank account, at sort code 20-22-67, account number 00111112 with a reference to your name. You can also set up a direct debit to the church bank from your bank account.

For any other questions that you may have concerning our parish finance, please phone Brian Waller on 01206 540449.

Christmas flowers

Congratulations to all the flowers arrangers on a beautiful collection of designs in the church that uplifted people's spirits over Christmas. It was lovely to see the team coming back despite all the setbacks of the past year. Equally I would like to extend my gratitude to everyone who has contributed money to make it all possible this year.

Angelikka

Editor's Note

Many thanks to all this month's contributors. May I please have material for next month's magazine by the **15th** of this month? Handwritten or typescript items are welcome, as are items on CD or memory stick. If you are unable to get material to me, please phone and I will try to arrange collection.

Stephanie D'Silva
113 Parr Drive
Colchester
CO3 9EP

Email: stephaniedsilva10@gmail.com
Tel: 01206 576370

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1/6 page	£20)	
1/3 page	£30)	
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Advertisements - The inclusion of an advertisement in this magazine should not be taken as implying endorsement of the objects of the advertiser by this church or the Diocese.

Points to ponder ...

There are as many nights as days, and the one is just as long as the other in the year's course. Even a happy life cannot be without a measure of darkness and the word 'happy' would lose its meaning if it were not balanced by sadness. It is far better to take things as they come along with patience and equanimity.

Carl Jung, 1875 – 1961, Swiss psychiatrist

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WANTED

We need an Independent Examiner to approve our church accounts

For details of what this involves please contact Mr Brian Waller
01206 540449

DEANERY NEWS

First the news that our Parish wants to hear.

Nigel, our Church Warden did make the announcement public at the morning service on Sunday 21st November but this is the first opportunity to go to press :-

Rev'd Chris Smith is to be licensed at Shrub End !!

Bishop Roger and Archdeacon Ruth have announced that Rev'd Chris Smith, Assistant Curate at St.Luke's, Highwoods and involved with the planting of St. Mark's Church within the Parish, is to be licensed to the Parish of All Saints' with St.Cedd, Shrub End. He will continue at St.Luke's but work increasingly at Shrub End.

A separate notice has been included within this magazine, giving the formal announcement, with encouraging words from our Bishop & Archdeacon and Chris himself. (See page 3).

Fees for Life Events 2022

The annual schedule of charges by PCC for weddings, funerals and monuments etc., has been given royal assent and has been published by the Church of England. They have also provided extensive guidance (18 pages) on how and when the charges are made. Both of these publications may be viewed and downloaded via links on the Deanery News Website.

Bishop Guli's Presidential Address to Diocesan Synod

Our Diocesan Bishop presided over November's in-person meeting of Synod and her address was one of encouragement and realism. It is available on U-tube by following the link on the Deanery News Website.

Children, Families and Youth Newsletter November 2021

Our Mustard Seed Team of Area Advisers have published their November newsletter. It can be read by following the link on the Deanery News Website. There are always lots of opportunities and resources to read about – never feel you are on your own when you are doing the Lord's work amongst young people and families. Read more about the Mustard Seed Team on the Diocesan_Website which can be accessed by following the link on the Deanery News Website.

A "Christmas Carol" at St. Andrews, Greenstead

The talented Anthony Roberts, Director of Colchester Arts Centre and Essex County Standard columnist gave his single handed, memorised rendition of Dicken's "A Christmas Carol" at St.Andrew's Church, Greenstead on 15th December. Entry was just £5 and included a mince pie and a hot drink. Excellent value and with all proceeds going to the Church Roof Fund.

A full Christmas programme in Wivenhoe

St. Mary's Church in Wivenhoe have had a full and festive Christmas season.

They started with a Christmas Market and switching on the lights on 2nd December. This was followed by St.Nicholas' visit to Wivenhoe Quay and St.Mary's on 4th December and Carols on the Quay at 6pm on 19th December.

Advent Carol Service at St. James the Great

As part of the Parish's vision for the Church's music to be a vehicle of mission to the community, they held an Advent Carol Service in the afternoon of 28th November. It was a service of music and readings for the congregation as well as the St. James singers.

Terry

Please don't forget your local Foodbank. Goods still required.

The Colchester Foodbank continues to provide a minimum of three days emergency food to local people in crisis. Their shopping list currently requires donations of small bags of rice, long-life milk, long-life juice, shampoo, carrier bags/reusable bags, squash, tinned fruit, deodorants, tinned potatoes, tinned puddings, tins or packets of custard, jam, peanut butter, tooth brush/tooth paste, razors, shower gel, small jars of coffee, small washing powder/liquid, small multipack snacks (Penguin/Club/Twix), and tinned tomatoes. Tinned meat and fish are also required.

ON A CHURCH TOUR WITH MY BUS PASS

As I continue my ventures out, I will combine my third and fourth trips out as my third only features one religious building of sorts. As some of you will know, I am involved in Girls Football, and I know a lot of people say girls should not play football, but they do and they enjoy it too. Back in 1992 I began watching games at the Alderman Blaxill school and a year later at Kingsford school, since then we have moved all around the Colchester area. For the last few years we have played our games at the Sports Field in Boxted where we cater for girls in a competitive league for Under 10's, 12's, 14's and 16's. As I continue my search for religious building, I believe that the adjoining village hall at Cage Lane, is where a church group meets there on a Saturday.

A week later on 19th April 2021 I made my fourth trip out and that was the risky one to West Mersea so I had to check that the tides were right as sometimes the water floods the Strood and you can easily get stuck on the Island. In the Colchester town centre soon after 9, I caught the 930 number 67 bus to the coast. In my visits there in the past I have found five churches. On the way in you pass the Brethren Assembly in East Street (Book 29, Page 27)

Next to pass near to the Air Ambulance charity shop is St Cedd and St Gregory (Catholic) in Bardfield Road (Book 12, Page 8). A utilitarian design of the 1960's, built as a dual-purpose church and hall. It is a chapel-of-ease, served from St James the Less in Colchester. A Mass centre was established on Mersea Island in 1949 and the present church opened in 1962 Its architects have not been established but similarities to the attributed church at Monkwick (qv), suggests that the design is by Burles and Newton of Southend-on-Sea.

The church is built of Fletton brick, with faceted concrete block panels on the front elevation. The roof is of concrete tiles and the church is lit by a clerestory of the flank elevation and a glazed gable on the (ritual) wet front. The windows and fascias have largely been renewed by UPVC. T

he entrance is via modern hardwood door into a side range with a flat felt roof. The interior has not been inspected.

A Free church is in Mill Road (Book 14, Pages 16-17). Until 1805, apart from the Parish Church at West Mersea, there was no other place of worship, and Non-conformists, such as Congregationalists and Baptists, met in barns for regular services. There was a Strict Baptist Chapel in East Mersea (Meeting Lane), and of course the East Mersea Parish Church. In 1805 (battle of Trafalgar year) a local Oyster Merchant, Mr Bennett Hawes, according to a note found amongst old papers, "had long wished to see the Redeemer's Cause permanently established on this benighted island", gave a portion of land in the field then known as Little Pattens to the Independents (Congregationalists) for the site of a Chapel building. This was situated in Shelleys Lane, known locally later as Chapel Road and even later as Mill Road.

This gift of land was then confirmed by a Trust Deed dated April 1836 and naming as Trustees various influential Tradesman in Colchester, probably connected with Lion Walk or Stockwell Congregational Churches. The building erected on the site was opened for worship on Tuesday, October 1st 1805 with a special service. Mr Bennet Hawes was a deacon of the chapel for 35 years; he died in 1846 aged 82 years and was buried in a vault at Lion Walk Church, Colchester. In 1841 the Chapel was rebuilt by George Lufkin of Colchester –stone tablet on the front of our present building records that fact– this was during the ministry of a Pastor Haas who, when he left in March 1844 took many of the records of the church and 'would not surrender them to the members at that time'.

In the same road is the Methodist (Book 14, Page 17). This white brick and slate chapel was built in 1861 to accommodate 250 people. The Chapel has been completely refurbished with money raised from its own members' enthusiastic efforts. The Church Hall at the back is called the Shutes Hall.

The main Church of England is where the bus terminates and is St Peter and St Paul in the High Street (Book 12, Page 8). The Parish Church, comprising: west tower, nave and lower chancel south aisle and north porch. Tower of the Saxo/Norman overlap of 3 stages, 17th century embattled parapet built of septaria, laid diagonally, in alternating directions. Red brick quoins, some bricks Roman. 11th windows in north and south walls of ground storey, western arch plain, 3 corbelled stones at each impost. West window 16th, with 2 round headed lights beneath 4 which formerly cinquefoiled, but cut back to round heads. Second storey has a circular opening in west wall, bell-stage has in each wall a 14th window of 2 cinquefoiled lights, one transom, 2 centred head.

As usual my thanks to the various church websites for my information. The book references I have listed refer to my downloaded booklets which can be found on our church website.

I have also downloaded onto the church website one of my detailed booklets which covers all the churches and photos in Maldon. This is stored in the section "Churches" and also many thanks to the various church websites for the information found.

Brian Waller

Dream not too much of what you'll do tomorrow,
how well you'll work another year.
Tomorrow's chance you do not need to borrow -
today is here.

Talk not too much of some new endeavour
you mean to make a little later on.
Who idles now will idle on forever,
until life is gone.
Swear not some day to break some habit's fetter
when this old year has passed away.
If you have need of living wiser, better,
begin today.

Anon

Food for thought?

It is generally acknowledged that our ancestors did without sugar until the 13th century; without coal fires until the 14th; without buttered bread until the 16th; without coffee, tea and soap until the 17th; without gas, matches and electricity until the 19th; without radio and television until the 20th.

Its food for thought, isn't it, in an acquisitive society that appears to value possessions more than it values people.

To quote a paraphrase of the words of Jesus, published by the World Council of Churches some time ago:

"I was hungry and starving and you were obese; thirsty and you were watering your garden; with no road to follow and without hope, and you called the police and were happy when they took me a prisoner; barefoot and with ragged clothing and you were saying: 'I have nothing to wear, tomorrow I will buy something new'; sick and you asked: 'Is it infectious?'"

FRIENDS OF ALL SAINTS'

Do you have links with the parish church of Shrub End?

Were you, or a loved one, baptised, confirmed or married there? Is a loved one buried in the churchyard?

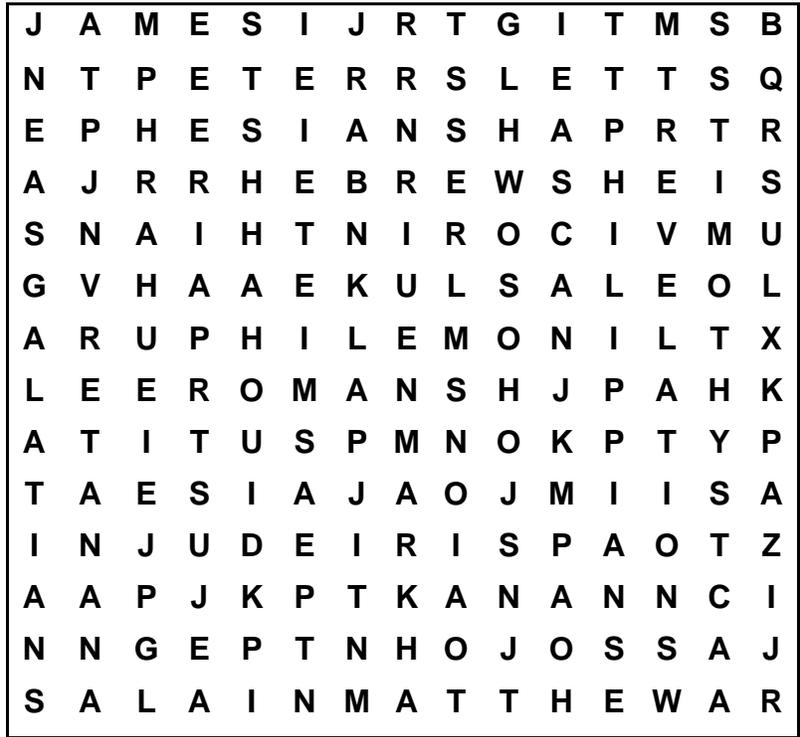
If so, you would probably wish All Saints' to stand there in perpetuity as a keeper of your own memories and to provide the same services to others.

Have you considered joining the Friends of All Saints'?

By expressing your support with a modest annual subscription you can help to ensure this church's survival against the ravages of time.

Please contact Stephanie D'Silva on Colchester 576370 for further information.

Books of the New Testament Word Search



Can you find the following names in the above grid? They can be found upwards, downwards, right, left, backwards or horizontally.

Ephesians. Jude, Philemon, Timothy, Corinthians, Revelation. Philippians, Titus, Mark, John, Luke, Acts, Galatians, Romans, Matthew, James, Hebrews, Peter

Dear Father. You have created the heavens and the earth and made us in your own image; teach us to discern your hand in all your works and your likeness in all your children; through Jesus Christ your Son, our Lord, who with you and the Holy Spirit reigns supreme over all things now and forever. Amen

Red Lentil and Vegetable Soup

When the days are cold and wintery, here is a healthy and warming soup recipe which might cheer you up.

Ingredients (Serves 2)

85g dried red lentils
2 carrots, quartered lengthwise then diced
3 sticks celery, diced
2 small leeks, sliced
2 tbsp tomato puree
1 tbsp fresh thyme leaves
3 large garlic cloves, chopped
1 tbsp vegetable bouillon powder (or 1 chicken or vegetable stock cube)
1 heaped tsp ground coriander

Method

1. Rinse and check over red lentils for any debris.
2. Tip all ingredients into a large pan. Pour over 1½ litres boiling water and stir well
3. Bring to the boil then cover and simmer for 30 minutes until the vegetables and lentils are tender.
4. Either ladle into bowls and eat straight away, or if you prefer a really thick texture, blitz a third of the soup with a hand blender or in a food processor before adding the rest of the vegetables.
5. Serve with fresh, crusty bread and enjoy.

Incidentally - lentils are high in protein and fibre and low in fat, so including them in your diet can lower cholesterol and protect against diabetes and colon cancer. The potassium, folate, and iron they contain also provide lots of health benefits. Potassium counters the bad effects of sodium (salt) and can help lower blood pressure. The high protein content makes lentils a healthy substitute for meat.

Health is wealth. Look after it. - *Sai Baba, Indian spiritual master*

To make you smile ...

Last year, I replaced all the windows in my house with those expensive double pane energy efficient kind. But this week, I got a call from the contractor complaining that his work had been completed a whole year and I had yet to pay for them.

Boy, oh boy, did we go around! Just because I'm blonde doesn't mean that I am automatically stupid. So, I proceeded to tell him just what his fast-talking sales guy had told me last year. He said that in one year, the windows would pay for themselves. There was silence on the other end of the line, so I just hung up, and he hasn't called back. I guess he was embarrassed.

* * * * *

The local news station was interviewing an 80-year-old lady because she had just got married for the fourth time.

The interviewer asked her questions about her life, about what it felt like to be marrying again at 80, and then about her new husband's occupation.. "He's a funeral director," she answered. "Interesting," the newsman thought... He then asked her if she wouldn't mind telling him a little about her first three husbands and what they did for a living.

She paused for a few moments, needing time to reflect on all those years. After a short time, a smile came to her face and she answered proudly, explaining that she had first married a banker when she was in her 20's, then a circus ringmaster when in her 40's, and a preacher when in her 60's, and now - in her 80's - a funeral director.

The interviewer looked at her, quite astonished, and asked why she had married four men with such diverse careers.

She smiled and explained, "I married one for the money, two for the show, three to get ready, and four to go."

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Groups and Contacts

Bell-ringers

Pauline Millatt Tel. 01206 330327
(Practice night Wednesday) **Suspended**

Children's Society

Brenda Pettit Tel: 01206 522957

Church Cleaning:

Church Flowers

All Saints':
Angelikka Mead Tel. 07780 797377
St Cedd's:
Susan Rich, Tel. 01206 767356

Friends of All Saints

Stephanie D'Silva Tel. 01206 576370

Thursday 'Open Afternoon' Drop-In

Stephanie D'Silva, Tel. 01206 576370
(Meets Thursdays 2.30 - 4.30 pm in the Annexe, All Saints')
Suspended

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